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A New P.T.

Stephanie Hernley, P.T. joined Trio Rehab. in December of 2018. She has over 15 years of experience and holds multiple certifications including Neurodevelopmental Technique (NDT), LSVT® Big & Loud, and an Autoambulator Certification.

Welcome Stephanie!

Stroke Certified

Suzanne McCrum, P.T. and Jennica Colvin, O.T. are diligently working to earn a Certified Stroke Rehabilitation Specialization (CSRS). This will be in addition to their combined 43 years of experience (that number made our "laugh lines" show)!

Blood Pressure

Our P.T.'s are fastidious about taking blood pressure BEFORE and AFTER skilled intervention in order to detect abnormal responses to exercise. Should we detect a problem, we refer our patients back to their PCP's.



The Trio Apartment is coming along nicely. Why do we need the apartment? Is someone in the dog house? NO!

Strength, balance, and mobility testing results are great, but having to perform "real life" activities such as getting up from a soft couch or making a bed truly reflect a person's abilities!

We also provide:

- Occupational Therapy
- Certified Hand Therapy (CHT)
- Speech Therapy
- VitaStim® for Dysphagia
- Lymphedema Intervention
- Vestibular Rehabilitation
- Myofascial Release (MFR)