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What is the Difference Between PT & OT?

To keep it simple, PT's often work more with the biomechanics of a person's injury whereas OT's promote return to independence with daily living tasks such as dressing, making a meal, and driving. There are a lot of times our interventions overlap!

What Educational Level do PT's, OT's & SLP's Earn?

At Trio Rehab., all therapists have a Master's level degree in their designated field. Effective in the year 2017, all Physical Therapy students graduating earn a Doctoral degree.

Did You Know?

O.T.'s can help decrease hospital re-admission because our approach supports getting people back to life, thus reducing rates of depression, isolation, and increasing confidence and independence.



April is Occupational Therapy Month!

(Jennica and Kathy: The Dynamic Duo!)

During the month of April, the American Occupational Therapy Association (AOTA) celebrates Occupational Therapy Month and the more than 213,000 practitioners and students who work nationwide to create fuller lives for clients and their families.

Kathy Baker, OT, CHT (Certified Hand Therapist) and Jennica Colvin, OT, CSRS (Stroke Certified) provide Occupational Therapy services at Trio Rehab. Each hold 17+ years of experience in vastly different populations. Kathy's experience is in orthopedics of upper quadrant, which includes the shoulder, elbow, wrist, and hand. Jennica's experience is in developmental and neurological recovery for those with stroke and brain injury. They are quite the duo at Trio Rehab.!