

TRIO

REHABILITATION & WELLNESS SOLUTIONS

Newsletter

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MAY 2020

OFFERING TELEHEALTH SERVICES WHEN NEEDED!

TRIO REHAB NOW OPEN

- ✓ We treat in separate treatment rooms
- ✓ Staggered appointment times
- ✓ Temperature checks before treatment
- ✓ All therapists wearing masks.
- ✓ Symptoms related to COVID-19 questionnaire screening
- ✓ Therapists & patients **wash their hands before & after** treatment
- ✓ **Thorough cleaning before & after** treatments & throughout the day

May is a 2'fer!

May is Better Speech & Hearing Month and National Stroke Awareness Month.

Karen Ross and Shannon Oxton are Speech Language Pathologists at Trio Rehab. Speech-Language Pathologists can help people communicate when they have slurred speech, voice hoarseness, difficulty speaking, difficulty understanding speech, and even difficulty with memory!

Learn more about speech therapy services at TrioRehab.com.

What can YOU do to prevent a stroke?

<p>Normal blood pressure is below</p> <p>120/80</p>	<p>People with high blood pressure have a significantly higher risk of stroke.¹</p>	<p>At age 50, people without high blood pressure have a</p> <p>life expectancy 5 YEARS LONGER</p> <p>than people with high blood pressure.²</p>
<p>Stroke occurs when a blood vessel to the brain is blocked or bursts.</p> <p>Blood and oxygen flow are interrupted, and brain cells begin to die.</p>	<p>Up to 80% of strokes can be prevented.²</p>	<p>Have your blood pressure checked and keep it in check to</p> <p>REDUCE your risk of stroke.</p>
<p>More than 1 in 3 American adults with high blood pressure don't know they have it.³</p>		

Did you know Trio Rehab's Jennica Colvin and Suzanne McCrum are Certified Stroke Rehabilitation Specialists?

We would love to help you or your loved if a stroke has occurred!

Telehealth for Therapy

Does Medicare allow telehealth visits for therapy? YES!

On April 30, 2020 the Centers for Medicare and Medicaid Services (CMS) officially made Physical, Occupational, and Speech Therapists recognized providers for Telehealth services. This is in effect for the remainder of the public health emergency.

If you would like to know more about our telehealth services, call Shawna at **830-755-6091** or email Shawna@triorehab.com.



KAREN ROSS
Graduate of Baylor University with a Master's Degree in speech-language pathology. Karen specializes in the treatment of people with swallowing disorders (dysphagia) and communication disorders and holds certifications in VitalStim® therapy, Deep Pharyngeal Neuromuscular Stimulation, and LSVT® Loud Intervention for Parkinson's disease.

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What People Are Saying About Us

Very caring and knowledgeable staff! They worked hard to diagnose the source of pain, and then tailored exercises to strengthen my muscles and resolve the issue. I saw results within the first three therapy sessions.