

TRIO REHABILITATION & WELLNESS SOLUTIONS

Newsletter

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JUNE 2020

Hand Therapy Week | June 1-7th

Do you have patients suffering from pain at the base of their thumbs? Have they experienced an unfortunate accident that impacted the movement of their fingers?

Certified Hand Therapy (CHT) can help with all of these and also treat a mirage of upper extremity and hand conditions including:

- Arthritis and rheumatic diseases
- Developmental delays
- Dupuytren's disease
- Fractures
- Nerve injuries and conditions
- Tendon injuries and repairs
- Vascular disorders
- Wounds and scars

If you believe your patients may benefit from the treatment of a hand therapist, give us a call at **830.755.6091** or email info@triorehab.com.



WHO ARE HAND THERAPISTS?

To obtain the CHT credential, a hand therapist must practice as an OT or PT for a minimum of **three years**, accumulating at least **4,000 hours** of hand and upper extremity experience. Hand therapists must also pass a rigorous certification examination to demonstrate their competency in the practice of hand therapy.

PASS RATE FOR THE EXAM IN NOV. 2019 WAS 55%.

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WHAT CAN HAND THERAPISTS DO FOR THEIR PATIENTS?

Hand therapists can help bridge the gap from the medical management of a patient's injury or condition to a successful recovery, allowing the patient to **function** normally in their **daily lives**.

HAND THERAPISTS CAN SLOW THE PROGRESSION OF PAINFUL THUMB ARTHRITIS.

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Alzheimer's Awareness Month

At Trio we can support family and those living with dementia by providing the following:

- Education about Alzheimer's Disease and Related Dementias (ADRD) including Lewy-Body Dementia.
- Discuss the Stages of Dementia using the GDS or FAST scale.
- Offer Behavior Management Interventions for behaviors such as resistance of care, wandering, and aggression.
- Provide tips for communicating with someone who has dementia.
- Promote the Patients's Best Ability to function.
- Educate about normal vs. abnormal cognitive fluctuations and when to seek the care of a doctor.

Health Tip

Dizziness is the #1 complaint for individuals over age 70.

Dizziness is a common complaint heard in doctors' offices. Statistics reported by The National Institute of Health indicate that dizziness will occur in 90 million of the nation's population at some time in their lives.

Although very common, acute or chronic problems with equilibrium may limit a person's everyday living. Vestibular rehabilitation can help!



Suzanne McCrum, P.T.
Vestibular Certified

What People Are Saying About Us

So very professional, yet very individualized care plans! Very effective outcomes for a "stronger," healthier future!!