

## Message

We hope this newsletter finds you and yours healthy. The newsletter is intended to be an educational resource for you.

Beginning with page 01, this feature is including content regarding health, life and well-being, and health services provided.

Our services are designed to maximize your health and wellness:

- Inpatient medical treatment center
- Outpatient rehabilitation center
- Comprehensive medical services treatment
- An inpatient nursing home
- Skilled nursing rehabilitation center
- Therapeutic and rehabilitation services and services treatment
- Through nursing centers and other treatment

We are always glad to have business and we forward to seeing you!



TRIO 2018

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2018 TRIO

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## April is Occupational Therapy Month

Established in 1917

# OCCUPATIONAL THERAPY

We help you **live life to the fullest!**

**Occupational Therapy** is a health profession that helps people do the things they need and want to do in order to live their lives to the fullest. Occupational therapists work with people of all ages and abilities to help them overcome physical, cognitive, and emotional challenges. They use a variety of techniques, including exercises, problem-solving, and education, to help their clients reach their goals.

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**Call the Hub today at 800-753-4094**  
www.triohealth.com

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## Tip Sheets & Videos from the American Occupational Therapy Association and American Society of Hand Therapists

### Home Safety Tips

Do you need to make home adjustments to stay safe? Learn how to make home adjustments to stay safe.

[Learn More](#)

### Low Vision Tips

Do you have low vision? Learn how to make home adjustments to stay safe.

[Learn More](#)

### Hand Safety Tips

Do you need to make home adjustments to stay safe? Learn how to make home adjustments to stay safe.

[Learn More](#)

Hand safety is a critical part of occupational therapy. Hand safety is a critical part of occupational therapy. Hand safety is a critical part of occupational therapy.

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## Let's Connect



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