

OCCUPATIONAL THERAPY AND HEALTH INSURANCE

Health insurance has long understood the benefits of OT. Commercial insurance companies and federal payers cover occupational therapy services.

Did you know Medicare actually requires providers to inquire about ADLs at both the initial preventive physical exam (IPPE) and annual wellness visits?

According to Title 42 of Medicare's public health section §410.15 and §410.16 : At initial preventive physical examination and annual wellness visits the beneficiary's functional ability and level of safety must include, at a minimum, a review of the following areas:

1. Hearing impairment
2. Activities of daily living <-----Referral to OT warranted
3. Falls risk
4. Home Safety <----Referral to OT warranted

In today's speed of healthcare delivery, providers often forget to ask about independence with ADLs and home safety. The impact of not doing so is a community or population of people being left unable to participate in ADLs leading to a decline in health and wellness.

At Trio Rehabilitation & Wellness Solutions, we accept the following insurance:

- Blue Cross Blue Shield
- Advantage Plans
- Humana Gold
- Aetna
- WellMed
- United
- Holista
- Humana
- Tricare
- Medicare Part B

The purpose of developing a grassroots curriculum to educate providers about OT is to improve collaboration between providers and therapists in order to improve patient outcomes. The current speed at which we must acquire knowledge in healthcare limits the ability to learn about the profession of OT. Therefore, occupational therapists must advocate for their own profession through education.

What is the goal of occupational therapy?

To improve quality of life through engagement in meaningful, daily occupations which affects overall health and wellness for Boerne's community-dwelling older adults.



Scan the QR code to learn more, or visit: bit.ly/OTVideo3

Source

<https://www.ecfr.gov/current/title-42/chapter-IV/subchapter-B/part-410#410.16>